



Naftali Citron is the Rabbi of the Carlebach Shul in Manhattan, New York, which serves as a spiritual center to thousands of Jews all over the world. He is the grandson of Rabbi Eli Chaim Carlebach and the nephew of Rabbi Shlomo Carlebach. He continues in their strong tradition by creating innovative and meaningful ways to connect Jews to their heritage.

Reb Naftali was raised in an environment that brought him into contact with the diverse culture of Berkeley, California, as well as the traditional cultures of the Great Chassidic Masters of Brooklyn, New York.

Inspired by the teachings and songs of Rabbi Shlomo Carlebach, Reb Naftali has developed meditation techniques that incorporate Kabbala, music and guided meditations – he has led meditations, lectures, classes and workshops in places as diverse as Australia, Nepal, Hawaii, Israel and Miami. He is a noted lecturer and retreat leader.

Monthly meetings at the Carlebach Shul
305 W. 79th Street, New York NY
and at various locations in Miami, FL



For more information
and booking inquiries
in New York call (212) 580-2391
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Rosh Chodesh Institute

with

Rabbi Naftali Citron

Transcend

Explore

Meditate

Renew

A monthly exploration of the Jewish
cycle of time

Learn meditation techniques
to access each day's
mystical energy

In the darkness of Egypt the first commandment given to the Jews was to bless the new moon. In celebrating the arrival of this sliver of light we acknowledge and proclaim our faith that the Creator will always illuminate our lives.













Each month a special energy corresponding to the sacred events that transpired throughout Jewish history is revived.

R. Moshe Chaim Luzzato teaches that "Any achievement that was attained, any great light that radiated at a certain time. When that time comes around again the radiance of light will shine again and the fruits of that achievement will be received for whoever is there to receive them."

This potential energy can be accessed and brought into our daily lives by meditating on the teachings of the Kabbalists.

The Creator invokes us to bless this symbol of hope, and honor its message of renewal. The moon reminds us to change, to grow, to glisten.

Join our journey to further spiritual liberation. Establish a connection to your divine essence. Create the energy you crave to help restore yourself and your world to the Creator's path.

Jewish Month	Symbol	Energy
Nisan		Speech - the power of expression
Iyar		Thinking - purifying thoughts, healing body & soul
Sivan		Walking - into wisdom step by step
Tammuz		Vision - looking for the Light
Av		Listening - to the sounds of the Universe
Elul		Action - making significant changes
Tishrei		Transcendence - from self examination to self actualization
Cheshvan		Scent - penetrating into the essence of existence
Kislev		Sleep - finding tranquility
Tevet		Anger - using anger for positive change
Shevat		Vitality - revitalizing your spirit
Adar		Laughter - expanding your energy & joy